

Bimini Dolphin Retreat

with Lisa Denning and Hydee Tehana

July 20-26, 2025 (week 1)

July 27-August 2, 2025 (week 2)

Come for one or both weeks



INNER ALCHEMY

Unraveling the Mysteries

There is something magical about Bimini in the Bahamas that lends to unraveling the mysteries of this Earthly Realm. Perhaps it is the possible connections to Atlantis that the mystical prophet, Edgar Cayce, revealed in his many transcriptions. Many people are drawn to these beautiful islands because of the spotted and bottlenose dolphins who swim in the warm waters around Bimini.

It seems that many people are wondering what is “real” in this world and is this world just a movie? Shakespeare said, “All the world is a stage and all the men and women merely actors.” Could it be true that this world is just an illusion as many masters and enlightened ones have shared? Are we here just experiencing another world where we got lost in the experience?



Shall we unravel these mysteries of existence together as many of us hold pieces of the puzzle? The energy of Bimini and the wisdom of the dolphins allow us to dive deep and explore on a much deeper level as the veil is quite thin in Bimini.

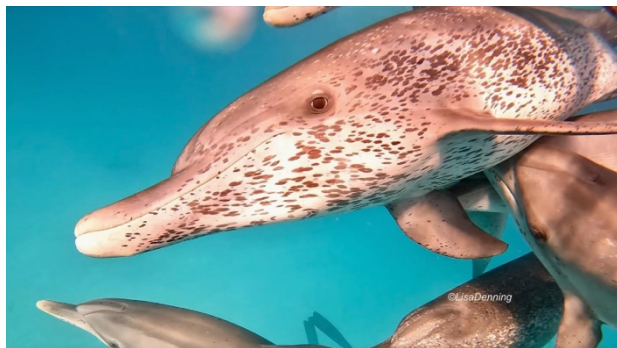
What if the world is just perfect the way it is and it is us that need to change? “Be the change you wish to see in the world,” as said by Gandhi. Once you transform your

internal world, the whole world magically melts around you to support your frequency. Master your frequency and you “game the game.”

This retreat is held at WildQuest Retreat Center where we will enjoy wonderful meals from the chef on staff, sleep in rooms that overlook the ocean (if you choose), spend part of the day on their boat with the dolphins and in Mother Ocean, have opportunities for massage and energy healings, guided 432 hz meditations, and enjoy discussions to take us deeper into ourselves. You are also free to take time for yourself if you need a day to just be.



We are being given the opportunity to alchemize anything that no longer works for us and to let go. Many of us are questioning what is next for us at this time as things that worked for us before, no longer do. We are in the unknown and following our true essence is key.



Bimini hold many keys for us and we have noticed that these retreats are incredibly transformative. The joy and love that we feel from the island, the ocean, and the dolphins are deeply healing and nurturing. So much happens in one week (or two, if you feel called to both weeks).

Bruce Lipton said it best when he said that the secret to life is beliefs. It is just so simple and what we choose to believe can limit us or expand us. We are like a computer with many old programs ready to be upgraded if we choose. How magical would you like your world to be?

Come and remember a different way of being in this world...where you live and play in joy, fun, and laughter! Become the master of your world and create knowingly and on purpose. It's a reunion!

COST: \$2999



HOSTS AND GUIDES:

Your hosts and guides for the seminar will be Hydee Tehana and Lisa Denning.



Hydee Tehana, M.S. is your seminar host and guide for your journey. Hydee has a deep love of all of Mother Nature which has always been part of her life. Life opened up for her more deeply over 20 years ago when life stopped making sense and began questioning all she was ever taught. Hydee began remembering her past lives and lives in other realms. She met the wild dolphins in 2013 which changed her life and began to remember even more of her connections with them and all the cetaceans. Hydee loves to swim in the ocean and to be with all the oceanic beings, as well as be on the land, in the mountains, and

forests. By listening and allowing her guidance to take charge, she began following the intuition of her heart.

Hydee has deeply explored many topics including the cetaceans, nature of reality, sacred geometry, multidimensionality, power of our mind, light, time travel, our multidimensional heart, sound, language of energy, Mother Nature, living water, space travel, and more. She has a background as a firefighter/paramedic for over 20 years which allowed her to be with people as they crossed over and helping people at their toughest times. Spirit guided her to retire from the fire department to a new spiritual path of sharing, teaching, and writing. Hydee is an author, visionary, teacher, speaker, and guide. For more information, see www.hydeetehana.com



Lisa Denning is your seminar host and guide for your journey. She is an adventurer, photographer, mermaid, writer, and seeker of fun. Lisa has always been an ocean being and this is where she feels most alive and connected to the truth of who she is. She grew up in New Orleans and moved to the Big Island of Hawaii in 1999 because her soul was calling her to the ocean to be with the dolphins and to heal. Lisa was ready to find out more about the connection she had been feeling with them all of her life. On her first swim in the Hawaii waters, Lisa was surrounded by a pod of wild dolphins and welcomed into their pod.

For the last 24 years, she continues swimming with them, diving deeper into parts of herself. Lisa has traveled around the world to meet many species of dolphins and whales while capturing these magical moments on film and with photographs. She has co-led retreats in many locations with dolphins and whales for the last 24 years. Lisa is also the co-founder of Light ON Foundation in Kona, which provides healing opportunities for survivors of sexual assault, domestic violence, and other forms of personal trauma. She is passionate about introducing others to our ocean family. The dolphins and whales are choosing to make contact with humans more and more. We have so much to learn from these

magnificent beings. For more information, see www.lisadenning.com You can also see her shop at <https://www.etsy.com/shop/LisaDenningImages>.



MORE INFORMATION:

Includes: 6 nights' accommodations (one night at a hotel in Florida, 5 nights at WildQuest Retreat), all meals except for one night out in Bimini, and all program costs. 5 boat trips to be with the Dolphins.

Not included: Flights to Florida and to and from Bimini, one meal out in Bimini. (To make it easy for our group, there is an optional travel package for \$525/person (estimated) which covers: transport from hotel in Ft. Lauderdale to Ft. Lauderdale airport, roundtrip flight from Ft. Lauderdale to Bimini, and all transportation on the island to and from the retreat center. We will all be flying together this way). More details when registering.

Deposit required to hold your space: \$555 (non-refundable due to international payments). Please inquire about travel insurance. Remaining payments of \$1222 due January 1, 2025 and \$1222 due March 1, 2025.

Retreat Dates: July 20-26, 2025 (week 1) and/or July 27-August 2, 2025 (week 2)

Please contact LISA for more information at lisa@lisadenning.com or go to www.lisadenning.com or www.hydeetehana.com

Thank you!

